

## **N-CLEX RN Exam Review Course**

### **Course description**

#### **Module 1: Getting Start**

##### 1. Understanding the NCLEX

Upon completion of this unit the student will learn:

- Why you must take the NCLEX
- What you need to know about taking the NCLEX by computer
- Strategies to use when answering NCLEX questions
- How to avoid common mistakes when taking the NCLEX

##### 2. Strategies for success

Upon completion of this unit the student will learn:

- How to properly prepare for the NCLEX
- How to concentrate during difficult study times
- How to make more effective use of your time
- How creative studying strategies can enhance learning.

#### **Module 2: Care for the Adult**

##### 1. Cardiovascular system

Upon completion of this unit the student will learn:

- The function of the heart, arteries and veins.
- Tests used to diagnose cardiovascular disorders
- Common cardiovascular disorders

##### 2. Respiratory system

Upon completion of this unit the student will learn:

- Components of the respiratory system and their function
- Tests used to diagnose respiratory disorders
- Common respiratory disorders

##### 3. Hematology & immune systems

Upon completion of this unit the student will learn:

- Components of the hematologic and immune systems and their function
- Tests used to diagnose hematologic and immune disorders
- Common hematologic and immune disorders

##### 4. Neurosensory system

Upon completion of this unit the student will learn:

- Components of the neurosensory system and their function
- Tests used to diagnose neurosensory
- Common neurosensory disorders

#### 5. Musculoskeletal system

Upon completion of this unit the student will learn:

- Components of the musculoskeletal system and their function
- Tests used to diagnose musculoskeletal disorders
- Common musculoskeletal disorders

#### 6. Gastrointestinal system

Upon completion of this unit the student will learn:

- Components of the GI system and their function
- Tests used to diagnose GI disorders
- Common GI disorders

#### 7. Endocrine system

Upon completion of this unit the student will learn:

- Components of the endocrine system and their function
- Tests used to diagnose endocrine disorders
- Common endocrine disorders

#### 8. Genitourinary system

Upon completion of this unit the student will learn:

- Components of the genitourinary system and their functions
- Tests used to diagnose genitourinary disorders
- Common genitourinary disorders

#### 9. Integumentary system

Upon completion of this unit the student will learn:

- Components of the integumentary system and their functions
- Tests used to diagnose integumentary disorders
- Common integumentary disorders

### **Module 3: Psychiatric Care**

#### 1. Essential of psychiatric nursing

Upon completion of this unit the student will learn:

- The nurse's role in psychiatric care
- Psychiatric assessment
- Tests commonly used to diagnose psychiatric disorders

## 2. Somatoform& sleep disorders

Upon completion of this unit the student will learn:

- Stages of sleep
- Key concepts related to sleep and somatoform disorders
- Common sleep and somatoform disorders

## 3. Anxiety & mood disorders

Upon completion of this unit the student will learn:

- Basic concepts of anxiety and mood disorders
- Diagnosing anxiety and mood disorders
- Common anxiety and mood disorders

## 4. Cognitive disorders

Upon completion of this unit the student will learn:

- Factors contributing to the development of cognitive disorders
- The difference between delirium and dementia
- Clinical features of cognitive disorders

## 5. Personality disorders

Upon completion of this unit the student will learn:

- Factors contributing to the development of personality disorders
- Characteristics displayed by patients with personality disorders
- Common personality disorders.

## 6. Schizophrenic & delusional disorders

Upon completion of this unit the student will learn:

- Major characteristics of schizophrenic and delusional disorders
- Common schizophrenic disorders and delusional disorder
- Treatments and interventions used in the care of schizophrenic and delusional disorders

## 7. Substance-related disorders

Upon completion of this unit the student will learn:

- Classes of controlled substances
- Common substance abuse disorders
- Substance abuse assessment and treatment

## 8. Dissociative disorders

Upon completion of this unit the student will learn:

- Basic facts about dissociative disorders

- Tests used to diagnose dissociative disorders
- Common dissociative disorders

## 9. Sexual disorders

Upon completion of this unit the student will learn:

- Basic facts about sexual disorders
- Common tests used to diagnose sexual disorders
- Common treatments for sexual disorders

## 10. Eating disorders

Upon completion of this unit the student will learn:

- Basic facts about eating disorders
- Common tests used to diagnose eating disorders
- Patient care for anorexia nervosa and bulimia nervosa

## **Module 4: Maternal-neonatal Care**

### 1. Antepartum care

Upon completion of this unit the student will learn:

- Basics of antepartum care
- Antepartum tests and procedures
- Common antepartum disorders and complications

### 2. Intrapartum care

Upon completion of this unit the student will learn:

- Components and stages of labor
- How to perform maternal and fetal evaluations
- Common complications of labor and delivery, such as preterm labor and prolapsed umbilical cord
- Patient care for such situations as preterm labor and cesarean birth.

### 3. Postpartum care

Upon completion of this unit the student will learn:

- Physiologic and psychological changes that occur immediately after pregnancy
- Postpartum assessment
- How to care for postpartum complications

### 4. Neonatal care

Upon completion of this unit the student will learn:

- How the neonate adapts to extra uterine life
- Initial and ongoing neonatal assessment

- Common neonatal disorders.

## **Module 5: Care of the Child**

### 1. Growth & development

Upon completion of this unit the student will learn:

- Key concepts of growth and development
- Major milestones
- Important aspects of care

### 2. Cardiovascular system

Upon completion of this unit the student will learn:

- Basics of the pediatric cardiovascular system
- Tests used to diagnose pediatric cardiovascular disorders
- Common pediatric cardiovascular disorders.

### 3. Respiratory system

Upon completion of this unit the student will learn:

- Parts of the respiratory system and their function
- How the pediatric respiratory system differs from the adult respiratory system
- Tests used to diagnose respiratory disorders
- Common respiratory disorders

### 4. Hematologic & immune system

Upon completion of this unit the student will learn:

- The pediatric hematologic and immune systems and their functions
- Tests used to diagnose hematologic and immune disorders
- Common hematologic and immune disorders

### 5. Neurosensory system

Upon completion of this unit the student will learn:

- The function of the neurosensory system
- Development of a child's hearing and sight
- Tests used to diagnose neurosensory disorders
- Common neurosensory disorders

### 6. Musculoskeletal system

Upon completion of this unit the student will learn:

- The pediatric musculoskeletal system
- Tests used to diagnose musculoskeletal disorders
- Common pediatric musculoskeletal disorders

## 7. Gastrointestinal system

Upon completion of this unit the student will learn:

- Parts of the GI system and their function
- Tests used to diagnose GI disorders
- Common pediatric GI disorders

## 8. Endocrine system

Upon completion of this unit the student will learn:

- Endocrine functioning in childhood
- Tests used to diagnose endocrine disorders
- Common endocrine disorders

## 9. Genitourinary system

Upon completion of this unit the student will learn:

- Characteristics of the pediatric genitourinary system
- Tests used to diagnose genitourinary disorders
- Common pediatric genitourinary disorders

## 10. Integumentary system

Upon completion of this unit the student will learn:

- Characteristics of the pediatric integumentary system
- Tests used to diagnose integumentary disorders
- Common integumentary disorders

## **Module 6: Professional Issues**

### 1. Leadership and management

Upon completion of this unit the student will learn:

- Management concepts
- Nursing delivery systems
- Resource management
- Quality management

### 2. Law and ethics

Upon completion of this unit the student will learn:

- Importance of nurse practice
- Importance of obtaining informed consent
- Patient's right to refuse treatment
- Issues surrounding living wills, malpractice, and abuse.